

POINT MAN INTERNATIONAL



MINISTRIES

Christian Outreach

for Veterans and First Responders

by

Veterans & Responders

Point Man International Ministries

Point Man is a faith ministry formed in 1984 to bring healing and emotional support to Veterans, Responders and families. Bringing spiritual and emotional support suffering from PTS. It receives no government money, or any denominational support, nor does it currently receive income from grants or foundations. Since its inception, Point Man has existed solely on gifts from friends, Veterans, First Responders and anonymous donors across the country. A current financial statement, budget, and tax return are available upon request.

The ministry provides healing through Jesus Christ. Bringing God's message of freedom, hope, and healing to their Brothers & Sisters, through education, one-on-one counseling, support groups, retreats, workshops and conferences.

Building Relationships

Identification and availability are two key elements in effective interpersonal communications. Experts have shown that these two elements, when present in a communication exchange, are the ice breakers, the bridge through which relationships are connected. After all, that's a key reason Jesus Christ became man. The Christian Defenders in Point Man International Ministries have found bonding, sharing and forgiving are the vital steps to recovery.

Post-Traumatic Stress

You've heard the old retort, "It takes one to know one.", used in various connotations. Positively speaking, that ability to claim personal identification with the woes of someone in need is one of the most effective tools in helping the hurting.

Many Veterans and First Responders are suffering today from Post-Traumatic Stress Disorder (per: **DSM-5, PTSD is referred to as PTS or Post Traumatic Stress**). PTS is a new name for an old story, shell shock, combat fatigue, and for First Responders it was just trauma or stress. No matter the term, PTS symptoms are the same. Most Veterans and First Responders who suffer with PTS can identify with another someone who has had like experiences.

The Job & It's Consequences

Veterans:

Unlike other victims of trauma, Veterans and First Responders carry internal scars that few humans ever experience. While the ministry of Point Man is helping “Make peace with their past’, we still must consider these devastating results:

- WWII veterans at a rate of 37% have serious emotional issues.
- Korean War veterans at a rate of 25% have serious emotional issues.
- Vietnam War veterans at a rate between 40-60% have serious emotional issues, and more than 150,000 have committed suicide. (The suicide rate is 33% higher than that of the general population) some Veterans are involved in drugs & alcohol abuse due to PTS.
- Global War on Terrorism veterans & civil support are at a very high risk of PTS. They are also having issues with drug and alcohol abuse, family issues to include divorce and family abuse, disconnect with non-military friends.
- Veterans are unemployment at twice the national average. Also, it is estimated that 50% of Veterans are homeless.

FIRST RESPONDERS:

(per SMHSA-Jan 2021)

- The term “emergency response providers” or First Responders includes Federal, State, and local governmental and nongovernmental emergency public safety, fire, law enforcement, emergency response, emergency medical (including hospital emergency facilities), and related personnel, agencies, and authorities.
- It is estimated that 30% of firefighters are having behavioral health issues to include PTS. In a study about suicidality, firefighters were reported to have higher attempt and ideation rates than the general population.
- Police; A study following police officers after the 9/11 World Trade Center attacks, found a 24.7% prevalence of depression, and a 47.7% prevalence of both depression and anxiety. After the 9/11 World Trade Center attack, PTS was reported in 11% of police responders, PTS prevalence was relatively high among those unable to work because of health (34.8%) and those with unmet mental health needs (50.7%). Additionally, the prevalence was higher in women (15.5%) than in men (10.3%). After Hurricane Katrina alcohol increased from 2 to 7 drinks per day. Police suicide ideations were 25% in female officers, 23.1% in male officers. In law enforcement, the estimates suggest between 125 and 300 police officers commit suicide every year.
- Suicide attempt rates ranged from 0.7 to 55%.



Point Man Vision

An International network of small support groups, or “Outposts”, of Christian Veterans and First Responders, meeting and praying for one another, evangelizing throughout the world.

Developing Ministry Tools

As the ministry continues to grow, and needs are identified, Point Man stands in the gap. Publishing efforts include multiple tracts for use in the ministry to Veterans, First Responders and their families. Targeting known felt needs of those still struggling with PTS and other related problems.

Restoration of Families

The strategy for healing that Point Man has found effective in dealing with the Military Veteran and First Responder, is now being offered to the wives and children through the companion _ Homefront. Homefront strives to bring peace to the home through cooperative ventures with the Outposts, and support groups, retreats, conferences and workshops.

Growth Continues

The primary reason for the ongoing growth is that Point Man is meeting a need untouched by Vet Centers, VA, Unions and support centers. Moreover, because so many in the Church do not understand the problems, or the spiritual implications of PTS. **Point Man** has become a welcome addition to many churches outreach programs.

DONATIONS ARE TAX EXEMPT

(PLEASE REFER TO YOUR TAX CODES AND LAWS)

For more information regarding Point Man Call:

Point Man International Ministries

1-(800)-877-VETS (8387)

Visit our web page at

to find your nearest Local Outpost

www.pmim.org

